## Trigonometric Identities and Integrals <br> A Very Brief Summary

0. A small set of trigonometric identities

- $\sin ^{2}(x)+\cos ^{2}(x)=1$
[Often used in the form $\cos ^{2}(x)=1-\sin ^{2}(x)$ or $\sin ^{2}(x)=1-\cos ^{2}(x)$.]
- $1+\tan ^{2}(x)=\sec ^{2}(x)$
[Sometimes used in the form $\sec ^{2}(x)-1=\tan ^{2}(x)$.]
- $\sin (2 x)=2 \sin (x) \cos (x)$
- $\cos (2 x)=\cos ^{2}(x)-\sin ^{2}(x)$

$$
\begin{aligned}
& =2 \cos ^{2}(x)-1 \\
& =1-2 \sin ^{2}(x)
\end{aligned}
$$

[Sometimes used in the form $\cos ^{2}(x)=\frac{1}{2}+\frac{1}{2} \cos (2 x)$ or $\sin ^{2}(x)=\frac{1}{2}-\frac{1}{2} \cos (2 x)$. ]
It is also useful to keep in mind that:

- $\sin (x)$ and $\cos (x)$ are periodic with period $2 \pi$ : for any real number $x$ and any integer $n, \sin (x+2 n \pi)=\sin (x)$ and $\cos (x+2 n \pi)=\cos (x)$.
- $\sin (x)$ is an odd function, $\sin (-x)=-\sin (x)$ for all $x$, and $\cos (x)$ is an even function, $\cos (-x)=\cos (x)$ for all $x$.
- Phase shifts are fun: $\sin \left(x+\frac{\pi}{2}\right)=\cos (x), \cos \left(x-\frac{\pi}{2}\right)=\sin (x), \sin (x \pm \pi)=-\sin (x)$, and $\cos (x \pm \pi)=-\cos (x)$, for all $x$.


## 1. Some trigonometric integral reduction formulas

The following formulas can each be obtained by a judicious use of trigonometric identities, algebra, integration by parts, and substitution. So long as $n \geq 2$, we have:

- $\int \sin ^{n}(x) d x=-\frac{1}{n} \sin ^{n-1}(x) \cos (x)+\frac{n-1}{n} \int \sin ^{n-2}(x) d x$
- $\int \cos ^{n}(x) d x=\frac{1}{n} \cos ^{n-1}(x) \sin (x)+\frac{n-1}{n} \int \cos ^{n-2}(x) d x$
- $\int \tan ^{n}(x) d x=\frac{1}{n-1} \tan ^{n-1}(x)-\int \tan ^{n-2}(x) d x$
- $\int \sec ^{n}(x) d x=\frac{1}{n-1} \tan (x) \sec ^{n-2}(x)+\frac{n-2}{n-1} \int \sec ^{n-2}(x) d x$
- Just for fun - one usually looks this up as necessary - if we also have $k \geq 2$, then:

$$
\begin{aligned}
\int \sin ^{k}(x) \cos ^{n}(x) d x & =-\frac{\sin ^{k-1}(x) \cos ^{n+1}(x)}{k+n}+\frac{k-1}{k+n} \int \sin ^{k-2}(x) \cos ^{n}(x) d x \\
& =+\frac{\sin ^{k+1}(x) \cos ^{n-1}(x)}{k+n}+\frac{n-1}{k+n} \int \sin ^{k}(x) \cos ^{n-2}(x) d x
\end{aligned}
$$

For real obscurity, try to find or compute the corresponding formulas for integrands with mixed $\sec (x)$ and $\tan (x)$, not to mention the various reduction formulas involving $\csc (x)$ and/or $\cot (x)$.

